

Support Crew Information
Session

Westpac Tour
5 – 7 May 2024

**Curing
cancer,
changing
lives**

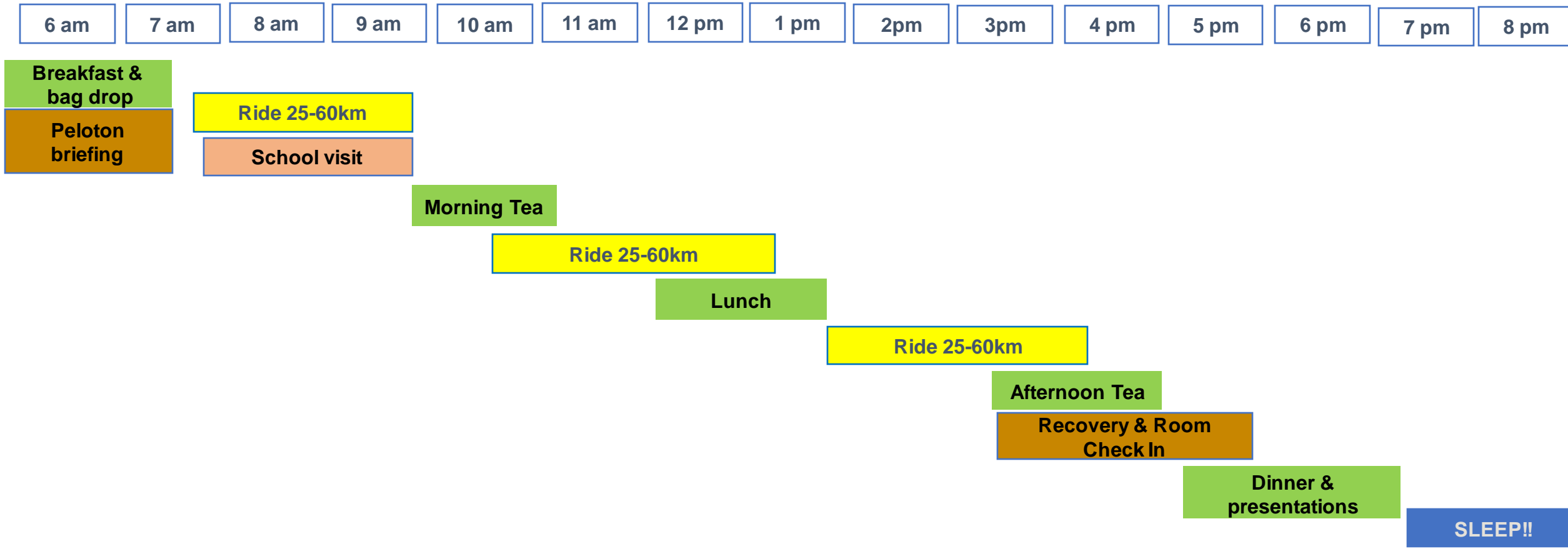


This Session | Agenda

- A typical day on tour
- How does it work on the road
- Support Crew - Roles
- Organisation chart and layout
- Peloton matrix
- Reading a run sheet
- Communications on tour
- Safety on tour



On Tour | A Typical Day



**TOUR
DE
CURE**

On Tour | How does it work on the road?



- Rider safety is our #1 priority
- 4 Pelotons of 24-26 riders each
- In each peloton:
 - Peloton Manager
 - 2IC
 - Ride Leaders
 - Lead & Rear cars
 - Radio contact
 - Medical and Mechanical assistance
 - 12 seater logistics van
- CHALLENGE / RIDE+ / RIDE pelotons



On Tour | What Support Crew will receive



- All meals & accommodation on tour – drinks at own expense
- 2 x Red polo shirts (unless you have been on pervious tour)
- 1 x Black dinner shirt (unless you have been on pervious tour)
- 1 x Baseball Cap
- 1 x Water bottle
- Laundry bag / Sticker Sheet
- Transport to start of Tour
- Training from Tour de Cure support leaders



On Tour | Roles on Tour

Peloton Drivers:

- Provide [traffic management information](#)
- [Calls via radio](#)
- Protection to riders in peloton
- Assist with logistics during stops

Peloton Navigators:

- Provide [navigation information](#)
- [Check on navigation](#) is correct
- Comms to rear approaching trucks
- Comms point to other support crew
- Medic request comms

Peloton Pod Logistics:

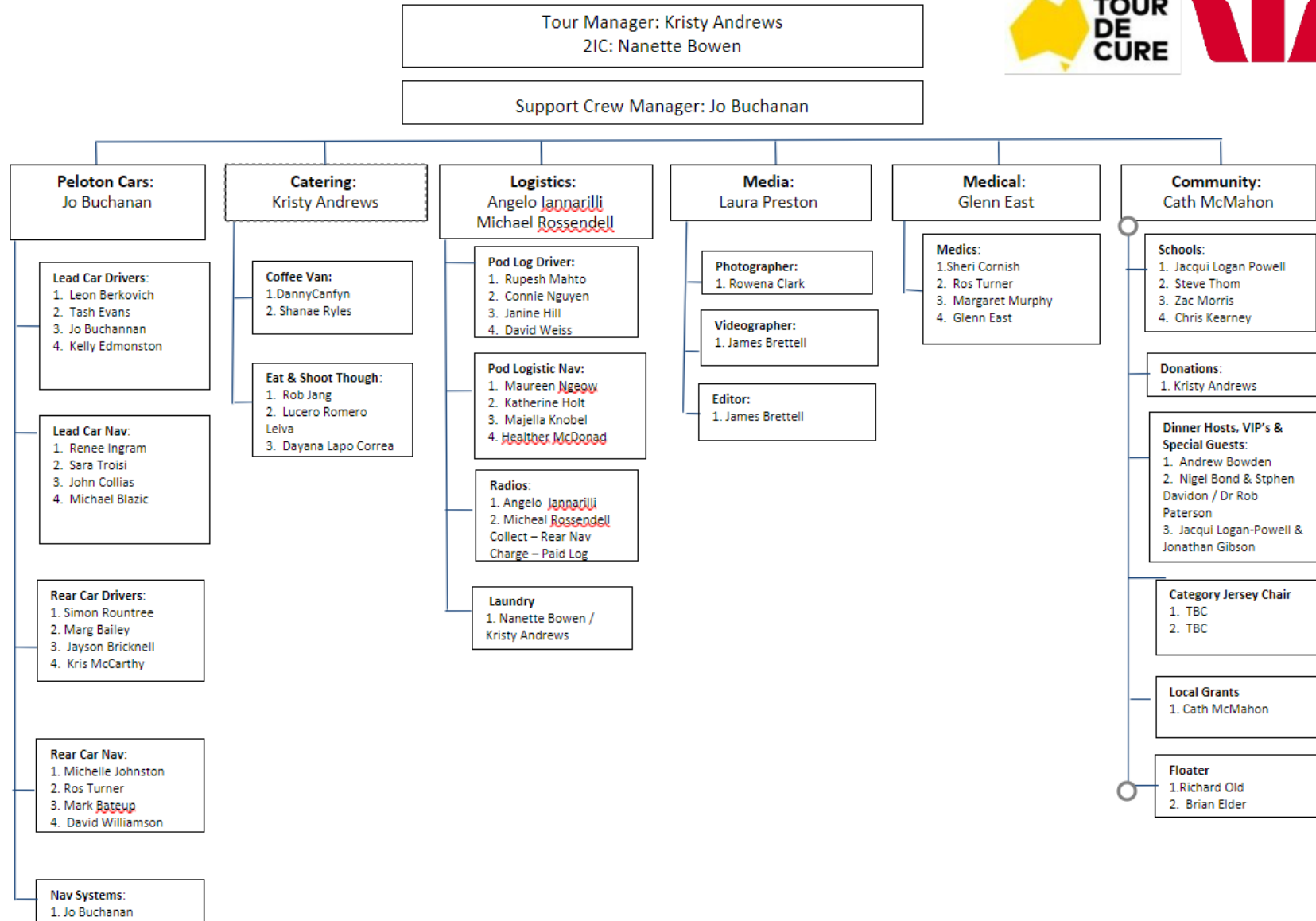
- [Logistics for peloton](#)
- Provide [hydration & catering at stops](#)
- Set up school and other visits
- Recovery & accom check in

Non-Peloton Logistics:

- Tour Management
- Medical & Sports Therapist
- Media / Photography / Videography
- Off Bike Mechanics
- Coffee Van

On Tour | Organisation Chart

2024 Westpac Tour – DRAFT Support Crew Organisation Chart



On Tour | Support Crew Matrix

Date: 4th to 7th of May
 Off-bike Manager: Kristy Andrew
 On-Bike Manager: Grant Morrell

ZIC: Nanette Bowen
 Off Bike Mecanic: Steve Brown

Logetic Truck: Angelo Iannarilli & Michael Rossendell
 Sports Theapist: Amanda Sheridan

Corporate rider
 TDC rider
 Medic

	RIDE 1	RIDE 2	RIDE + 3	CHALLENGE 4	5
Peloton Management					
Peloton Managers	Michael Ford	Jacqui Logan Powell	Steve Thom	Chris Kearney	
21C	Troy Smith	Julie-Anne Athanasiadis	Blaine Pickering	Paul Hamilton	
Float	Grant Morrell	Richard Nelson			
Riders on radio	Jensen Yem	Georgia Millar	Andrew Sully	Thomas Bauch	
Riders on radio	Jamie Ingram	Ben Lockley	Brett St Pierre	Cameron Malone	
Day mechanics	Dat Lieu	Uno Mak	Fraser Black	Jason Auland	
Medical	Ros Turner	Sheri Cornish	Margaret Murphy	Glenn East	
TDC Exec Riders					
CBA Exec Riders					
Lead Car Driver	Leon Berkovich	Tash Evans	Jo Buchanan	Kelly Edmonston	
Lead Car Navigator	Renee Ingram	Stephanie Kennedy	John Collias	Michael Blazic	
Rear Car Driver	Simon Rountree	Marg Bailey	Jayson Bricknell	Kristeen (Kris) McCarthy	
Rear Car Navigator	Michelle Johnston	Sara Troisi	Mark Bateup	AJ Walters (TBC)	
Peloton logistics Driver	Rupesh Mahto	Connie Nguyen	Janine Hill	David Weiss	
Peloton logistics Navigator	Maureen Ngeow	Katherine Holt	Majella Knobel	Core Logic	
Non-Peloton Management					
Medical	Management	General Logisitcs	Community	Media	Miscellaneous
Medical Practitioners	Tour Manager	Logistics Truck	Schools	Traditional & Digital	Values Jerseys
Glenn East on bike medic	Kristy Andrew	Angelo Iannarilli	Cath MacMahon	Laura Preston	Jamie Ingram
Margaret Murphy on Bike		Michael Rossendell			
Sheri Cornish on bike					
Ros Turner on bike	ZIC	Bike Transport (babyfoo)		Photographer	Coffee
	Nanette Bowen	Not Required	Dinner Host Contact	Rowena Clark	Danny Canfyn
			Cath MacMahon		
	Off Bike Mechanic (RedFoo)	Radios		Videographer	
Sports Therapist	Steve Brown	Angelo Iannarilli	Grants & Communities Host	James Brettell	
Brian Elder Westpac staff			Cath MacMahon		
Amanda Sheridan					
Support Crew Manager	Catering	Laundry			
Jo Buchanan	Chiranan Sophama-Vaillant	Kristy Andrews & Nanette Bowen	Donations Contact		
			Kristy Andrews		



On Tour | Lead Car Driver (1 per peloton)



ROLE OVERVIEW: Leads the Peloton safely along the route, providing traffic management information to the Peloton Manager.

ON TOUR DUTIES:

Attend morning briefings with Peloton Manager (PM).

Provide rolling commentary via radio to the PM while underway of any hazards to cyclists that they may be approaching.

Work with the Navigator to locate satisfactory, safe roadside stops at intervals pre-determined by the PM.

Work with the peloton navigators and rear car driver to ensure that both peloton cars are cleaned, repacked and stocked ready for next day.

On Tour | Lead Car Navigator (1 per peloton)



ROLE OVERVIEW: Provides route direction to Peloton through the Lead Driver

ON TOUR DUTIES:

Attend morning briefings with Peloton Manager (PM).

Activate tour map for the day and provide guidance to driver that is accurate, clear, and timely.

Monitor WhatsApp for any key communication information that needs to be relayed to Driver and Peloton Manager.

Ensure that car is cleaned, repacked and stocked ready for each day

On Tour | Rear Car Driver (1 per peloton)



ROLE OVERVIEW: Monitors lead car route directions and provides route directions to Rear Driver as required rear car driver, hydration at stops, assist medic

ON TOUR DUTIES:

Attend morning briefings with Peloton Manager (PM).

Activate tour map for the day and monitor the route to ensure that lead car is on course and has not missed any turn. In the event lead car is off course and not aware, contact the lead navigator via phone to remediate the situation.

Monitor WhatsApp for any key communication information that needs to be relayed to Driver and Peloton Manager.

Ensure that car is cleaned, repacked and stocked ready for each day

Collect Radio's at the end of the day and hands to Pod Logistics to charge.

On Tour | Rear Car Navigator (1 per peloton)



ROLE OVERVIEW: Monitors lead car route directions and provides route directions to Rear Driver as required rear car driver, hydration at stops, assist medic

ON TOUR DUTIES:

Attend morning briefings with Peloton Manager (PM).

Activate tour map for the day and monitor the route to ensure that lead car is on course and has not missed any turn. In the event lead car is off course and not aware, contact the lead navigator via phone to remediate the situation.

Monitor WhatsApp for any key communication information that needs to be relayed to Driver and Peloton Manager.

Ensure that car is cleaned, repacked and stocked ready for each day

Collect Radio's at the end of the day and hands to Pod Logistics to charge.

On Tour | Peloton logistics van



ROLE OVERVIEW: Provides logistics support for a dedicated peloton... think bags, morning tea, water, bike racks!

ON TOUR DUTIES:

Attend morning briefings with Peloton Manager (PM).

Make sure your peloton knows where bag drop is (usually that is where you stayed as you have the mini-van). If you are lifting, make sure you are following manual handling guidelines.

Pod Navigator - ensure you know where your stops are, so you can program into google maps (as sometimes you will not be following the tour route)

Collect all radios and batteries from your rear car navigator and charge overnight.

On Tour | Off-bike mechanic (1 per tour)



ROLE OVERVIEW: Provides mechanical support to all riders with the support of riding day mechanics.

ON TOUR DUTIES:

- Liaise with Rear Navigators to be ready at each stop to fix any mechanicals
- Work with day mechanics to ensure peloton cars are restocked with bike parts (tubes/tyres) at the end of each day.
- Ensure you know where your stops are, so you can program into google maps (as sometimes you will not be following the tour route)
- Monitor WhatsApp for updates from Peloton support team.

On Tour | Logistics truck driver



ROLE OVERVIEW: Provides Logistical support to Tour

ON TOUR DUTIES:

- Provide support for uplifts with the movement of bikes
- Liaise with the Pod Logistics drivers to ensure 'top up' of supplies for Peloton
- Carry logistic support equipment such as Feather Banners, School Visits supplies, spare kit.

On Tour | Runsheet

Day 2 - Monday 6 March - Goulburn to Kiama: Ride = 108.9km +1202m, RidePlus & Challenge = 1178.5km +1944m (20 Vehicles + Team of 148 R= 96 S= 49 SR=3)

Day 2 Monday 6 March 2023	Route (Key Eating Stops, Schools / PR, Ride)	Peloton 1 vehicles (P1 Lead, P1 Rear)	P1 Pod Logistics	Peloton 2 vehicles (P2 Lead, P2 Rear)	P2 Pod Logistics	Peloton 3 vehicles (P3 Lead, P3 Rear)	P3 Pod Logistics	Peloton 4 vehicles (P4 Lead, P4 Rear)	P4 Pod Logistics	Media Car	Coffee Van	Catering Van	Bike Mechanic & Trailer	Tour Director	2IC Car	Logistic Truck	Community Car
5:15 AM							Set-up		Set-up								
5:30 AM			Set-up		Set-up		Bag Drop		Bag Drop								
5:45 AM	Meet at Entrance of Mercure Goulburn	Bag Drop	Bag Drop	Bag Drop	Bag Drop	Bag Drop	To B/Fast	Bag Drop	To B/Fast	Rolling out of hotel to B/Fast	Set up	Set up		Check B/Fast Set-up	Check B/Fast Set-up	Bag Drop & Roll Out	
6:00 AM	Ride 4km	Bag Drop	To B/Fast	Bag Drop	To B/Fast	Ride 4km	To B/Fast	Ride 4km	To B/Fast				Set-up				To B/Fast
6:15 AM		Ride 4km		Ride 4km		B/Fast	B/Fast	B/Fast						B/Fast	B/Fast	B/Fast	B/Fast
6:30 AM	P1-4 @4km B/fast & Briefing @ Belmore Park, Auburn St, Goulburn	B/Fast	B/Fast	B/Fast	B/Fast				B/Fast	B/Fast	B/Fast	B/Fast	B/Fast	B/Fast	B/Fast	B/Fast	B/Fast
6:45 AM																	
7:00 AM																	
7:15 AM	P1-2: Load onto buses for uplift													Uplift prep			
7:30 AM															F/Ward to Uplift Location		
7:45 AM	P1-2 Transit uplift to Casburn Park, Wingello	Uplift		Uplift		Ride 56km	F/Ward to School Set-up	Ride 66km	Advanced School Set-up	Footage of Pelotons						Uplift	
8:00 AM																	
8:15 AM	P1-2: Unload & prepare for rollout		F/ward to School Set-up								F/Ward to Set-up M/Tea	Move to Lunch		F/Ward to P1 School visit & Assist Set-up	Roll Out		Uplift and F/Ward to P3 School - Set-up
8:30 AM					F/ward to set up lunch												
8:45 AM	P3-4 - Nice footage for media coming into Wingello	Ride 22km							Advanced to M/Tea location	To school visit					F/Ward to lunch	To Exteter PS Set-up	
9:00 AM				Ride 34km													
9:15 AM	P3 @56km Tallong PS, 80 Bumbella Street, Tallong #4841 0292 P1 @km, Exeter PS, 47 -59 School Lane, Exeter #4883 4280					Tallong PS	Tallong PS	M/Tea		Tallong PS				Tallong PS			
9:30 AM																	
9:45 AM	Ride	Exeter PS	Exeter PS						M/Tea							Exeter PS	Exeter PS
10:00 AM	P3-4 @73km M/Tea: Casburn Park, Railway Pde, Wingello			Lunch	Lunch	Ride 10km	F/Ward to			M/Tea	M/Tea		M/Tea				

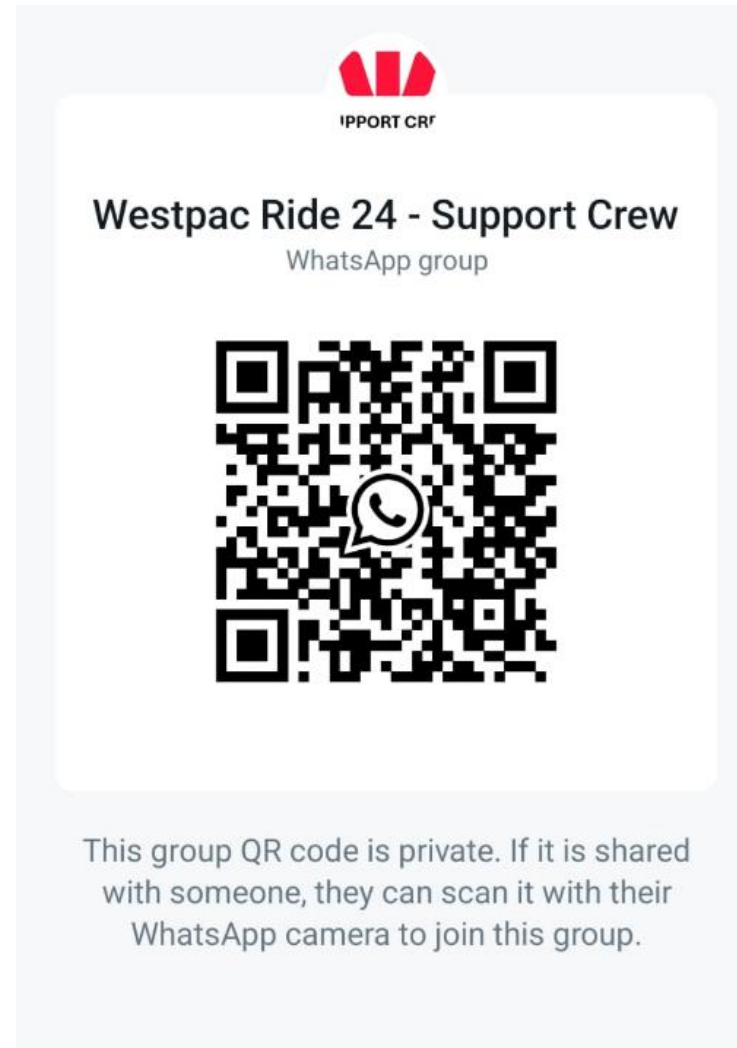


On Tour | Communications

Support Crew Comms:

- Within the Peloton = 2-way Radio
- Rear Car to Trucks/Caravans = CB Radio
- Within Support Crew = Support WhatsApp
- Rear Nav to Lead Nav = Mobile phone
- For notifications about your daily schedule & evening schedule = Full Team WhatsApp

Action: Please scan the QR Code to join the Support Crew WhatsApp



On Tour | Safety

Key safety tips to remember:

- Be **calm**, and, be **aware** of hazards
- Take considered action or report to TdC Crew
- Wear **Hi-Vis vest** when **in traffic**
- Always **ask for help if the job is too big**
- Lift only reasonable weight, with proper posture
- Have **solid grip and plant the feet**, when getting in/out of cars/bus/truck
- Always sanitise before and after activity during the breaks
- **Keep hydrated**
- If you feel fatigued, please make tour management know as soon as possible.

Key accident tips to remember:

- **Danger:** Be Calm, **Stop, think** about further danger to yourself and others
- **Walk** not run.
- If serious injury, **dial the number on the daily text message for TdC Medic** in nearest peloton to you. Then after call '000'
- Accident Site Management hierarchy:
 - Peloton Manager (PM)
 - Peloton 2IC
 - Ride Leader 1
 - Ride Leader 2
 - Rear Car Driver
- Be prepared to **take on a specific role** by Accident Site Manager. E.g. traffic control, record keeper, photo video recorder, patient care, etc
- Rear stays with injured. Lead car may be asked to move the rest of peloton onwards.

On Tour | Safety

Logistics

Placement of items/equipment: be mindful of where and how you place equipment on the event.

- Take the time to **look around understand the movements of cars and people** which might be impacted by the placement of the item
- Be mindful of tripping hazards and of falling hazards

Lifting: be mindful of how to lift and what is your SAFE capacity to lift items

- Do not lift heavy items without assistance. Assess the heavy item and then ask for assistance
- Position yourself to lift with your legs

Vehicles

Be mindful of items, people and obstacles around vehicles

- Be **mindful of traffic, car and people movement when parking your vehicle**
- **Check the surrounds of the vehicle** before 'pulling out' from parking spot
- Obey all traffic rules and regulations
- If driver needs to operate a mobile device (not inc. lapel radio), they will need to pull over to complete the task before rolling on
- Make sure you take care when exiting vehicles. Use side mirrors to view traffic before exiting cars/trucks.

Pre Tour | Key Reading

Support Crew specific tour procedures:

All Support crew

- Support Vehicle & Split Peloton Procedure
- Accident Site Procedures

Navigators Specific

- Navigation manual & training with Stacey

Driver Specific

- Rear & Lead Calls – videos (on Hub)



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Questions?

